


JANUARY 2024 MIDDLE/HIGH SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast Menu for the Month					
Each breakfast comes with Milk & 100% Fruit Juice. Poptart and Cereal will be choices daily.					
Goody Ring Donut	Breakfast Sausage Pizza	Bacon, Egg & Cheese Biscuit	Chicken Biscuit	Egg, Cheese & Ham Croissant	
Lunch Menu					<p>In our efforts to provide tasty, fresh and healthy meals, we may make changes to the menu at the Chef's discretion or food availability.</p> <p>NOTICE TO PARENTS: CCPS Foodservice Policy Regarding a la Carte Purchases & Price Changes</p> <p>A la carte items are available for purchase daily in the cafeteria. Students may use funds from their lunch account or bring cash. Please note that any change will not be given to the student but applied to their lunch account.</p> <p>Prices may change during the school year due to price increases from our vendors. Notice of any price changes will be posted by the cash register prior to the change.</p> <p>Please stay current with your student's cafeteria account by paying ahead. Check balance and make payment at K12PaymentCenter.com</p> <p>USDA is an equal opportunity provider and employer.</p>
Each lunch is served with Milk (1% White or Fat Free Chocolate)					
1 WINTER BREAK	2 TEACHER WORKDAY	3 TEACHER WORKDAY	4 Hamburger Steak w/ gravy or Hot Dog on bun <u>Sides:</u> Mashed Potatoes Baked Beans Fresh Fruit or Apple Crisp	5 Veggie Fried Rice w/ choice of Chicken Wings w/roll or Pork Egg Rolls <u>Sides:</u> Fresh Roasted Broccoli Green Peas Fresh Fruit or Applesauce	
8 Mac & Cheese w/ roll or Pork BBQ on bun <u>Sides:</u> Cole Slaw Cooked Carrots Applesauce or Pears	9 Nachos w/beef, cheese & salsa or Taco Salad <u>Sides:</u> Pinto Beans Corn Craisins or Peaches	10 Cheese or 4 Meat Pizza or Turkey Deli Sub <u>Sides:</u> Green Beans Fresh Side Salad Fresh Fruit or Mixed Fruit	11 Roasted chicken w/roll or Cheeseburger on bun <u>Sides:</u> Mashed Potatoes Fresh Cabbage and Carrots Apple Crisp or Pears	12 Spaghetti w/meat sauce & breadstick or Chicken Patty on bun <u>Sides:</u> Baked Beans Sweet Potatoes Fresh Fruit or Applesauce	
15 HOLIDAY	16 Grilled Cheese or Chef Salad <u>Sides:</u> California Blend Vegetables Tomato Soup Applesauce or Peaches	17 Cheese or 4 Meat Pizza or Turkey Deli Sub <u>Sides:</u> Green Beans Cooked Carrots Fresh Fruit or Mixed Fruit	18 Hamburger Steak w/ gravy or Hot Dog on bun <u>Sides:</u> Mashed Potatoes Baked Beans Fresh Fruit or Apple Crisp	19 Veggie Fried Rice w/ choice of Chicken Wings w/roll or Pork Egg Rolls <u>Sides:</u> Fresh Roasted Broccoli Green Peas Fresh Fruit or Applesauce	
22 Mac & Cheese w/ roll or Pork BBQ on bun <u>Sides:</u> Cole Slaw Cooked Carrots Applesauce or Pears	23 Nachos w/beef, cheese & salsa or Taco Salad <u>Sides:</u> Pinto Beans Corn Craisins or Peaches	24 Cheese or 4 Meat Pizza or Turkey Deli Sub <u>Sides:</u> Green Beans Fresh Side Salad Fresh Fruit or Mixed Fruit	25 Roasted Chicken w/roll or Cheeseburger on bun <u>Sides:</u> Mashed Potatoes Fresh Cabbage and Carrots Apple Crisp or Pears	26 Spaghetti w/meat sauce & breadstick or Chicken Patty on bun <u>Sides:</u> Baked Beans Sweet Potatoes Fresh Fruit or Applesauce	
29 Mac & Cheese w/roll or Pork BBQ on bun <u>Sides:</u> Cole Slaw Sweet Potatoes Applesauce or Pears	30 Grilled Cheese or Chef Salad <u>Sides:</u> California Blend Vegetables Tomato Soup Applesauce or Peaches	31 Cheese or 4 Meat Pizza or Turkey Deli Sub <u>Sides:</u> Green Beans Cooked Carrots Fresh Fruit or Mixed Fruit			